

7 INNER SHIFTS YOU MUST MAKE TO BOOST YOUR WEALTH IN 2020

WITH JILL HOPE
FOUNDER OF I SHINE
AND HOST OF MASTER
YOUR INNER WEALTH
GAME

AUDIO
COMPANION
GUIDE





Welcome to our training **“7 Inner Shifts You Must Make to Boost Your Wealth in 2020.”**

I’m Jill Hope, and I’m honored and excited to be your guide as I walk you through these are the 7 crucial shifts - shifts I’ve consciously made and have been secretly teaching to my private clients behind the scenes that is sweeping them onto success, great opportunity, fulfilled possibilities, fully expressed ideas, more money, more confidence and joy, a greater feeling of purpose, and of course, wealth and prosperity.

Once you embody these 7 Shifts in your life, you too will set yourself up to be swept into the flow where the Flood Gates to Prosperity and Abundance in Your Life will open.

This companion guide will help you make the most of your training, and will set you up to win when it comes to your wealth in 2020.

So grab a pen or pencil and a cup of coffee, tea, or wine and let’s get started!

Inner Shift #1: You have a RIGHT and a RESPONSIBILITY to be Rich

Notes:

Journal Prompt: What impact do YOU want to make in the world? How would being rich help you make the impact you want to make?

Write your responses here:

Inner Shift #2: You can't live your fullest and best life without money

Notes:

Journal Prompt: Who would you be if you didn't have to worry about money and had enough money to do everything you wanted to do?

Write your responses here:

Inner Shift #3: View your money as limit-less rather than limit-ed

Notes:

Journal Prompt: Go look inside your wallet. Log into your bank account and view the balance. How does it make you feel when you think about your money?

Write your responses here:

Inner Shift #4: Money is created from the inside out not from the outside in

Notes:

Journal Prompt: What would it look like for you to be in a high wealth frequency? What would it feel like?

Write your responses here:

Inner Shift #5: Discover your true source of wealth

Notes:

Journal Prompt: Who and/or what do you need to let go of as being your source of wealth? What are all the possible channels of wealth available to you right now?

Write your responses here:

Inner Shift #6: Your Net-Worth equals your Self-Worth

Notes:

Journal Prompt: What would I have to believe about myself to have the current level of money I have?

Write your responses here:

Inner Shift #7: Transform “Getting” energy into a balance between Giving and Receiving

Notes:

**Journal Prompt: Where are you withholding giving to others?
Giving to self?**

Write your responses here:

Your Next Steps:

So the question may be coming up now around how you embody these shifts in your life?

Well, it means changing old habits and creating new ones. And while that is simple to do, it isn't easy. Especially if you're trying to do it on your own. How many times have you declared that you were going to start a positive new habit, like get on an exercise kick or start eating healthier, and you find that you do it for a while, but then a little time goes by and all the new positive habits fall by the wayside eventually and you're back where you started?

This is not what you want to have happen when it comes to your money!

Remember, if you are listening to this training, YOU are MEANT to be RICH! When is it going to be the time that you LIVE like the wealthy woman or man that you are!

To help you successfully implement the habits and beliefs that wealthy women and men like you embody, I have a special invitation for you.

Introducing...



The Inner Wealth Mentorship is a 6- or 12-month program that will walk you through the changes necessary to create financial freedom from the inside out so you can live the life you're meant to live (or the life you desire). It'll help you to Master your inner wealth game so you can have the outer life of your dreams. You'll literally be swept into a current where you'll create wealth in every part of your life – health, relationships, family, spiritually, and of course when it comes to your money. In this private coaching program I will be right by your side, virtually speaking, guiding you to make the decisions and choices that will lead you on the path to abundant financial flow for all those things you desire in your life, ...and giving you the accountability, momentum, and high vibe you need to create abundant financial flow now.

I have a natural ability to help my clients generate wealth, and when you couple that with my signature inner wealth system/recipe you'll be swept onto success! It's like getting lifted up in a vortex of abundance and wealth and literally seeing your world and life in a whole new way...and it's so much fun to create together in this way!

The best investment you can make is an investment in your inner wealth, as it touches all the most important areas in your life and pays rich dividends now and in the future.

And I want to help you experience this too.

There are a lot of people out there teaching how to invest in opportunities to create money but not how to get in alignment to receive it and *hold* it.

Real inner wealth is: Being able to create money for anything you want in life. How confident would you feel knowing you were in alignment from the inside out when it comes to wealth?

*If you don't have inner wealth,
you can't sustain outer wealth.*

Sustainable riches come from the inside out, not the other way around.

If you are interested in putting in place the building blocks that will attract avalanches of abundance into your life, please reach out to me via email to jill@ishinekids.com and let me know what your biggest challenge is when it comes to creating money and we'll take it from there.

I look forward to supporting you further!

I hope this training has been helpful, and that you took away some solid insight that you will put to use, create a healthy

foundation for inner wealth, and live the fullest and best life that you know you came here for.

You deserve it.

In wealth,



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About Jill

Jill Hope is recovering outer-focused, check-all-the-boxes kind of girl, who only found true personal and business success once she tapped into her spirit and started listening to (and following) that still small voice inside. As a result, she discovered a natural gift (and pure joy) for helping her clients to become authentically wealthy. Now, she's expanding her talents to help more and more people who desire riches to breakthrough their perceived financial glass ceiling and step into the

prosperous, purposeful, and passionate life of their dreams. Jill also runs a successful business called I Shine, where she offers home study program and coaching for parents, and certification programs for those who want to work with kids, to help kids have healthy inner confidence and social/emotional intelligence.

Questions? Reach out to us at info@ishinekids.com