

7 INNER SHIFTS YOU MUST MAKE TO BOOST YOUR WEALTH IN 2020

WITH JILL HOPE
FOUNDER OF I SHINE
AND HOST OF MASTER
YOUR INNER WEALTH
GAME

AUDIO
COMPANION
GUIDE





Welcome to our training **“7 Inner Shifts You Must Make to Boost Your Wealth in 2020.”**

I’m Jill Hope, and I’m honored and excited to be your guide as I walk you through these 7 crucial shifts - shifts I’ve consciously made and have been secretly teaching to my private clients behind the scenes that is sweeping them onto success, great opportunity, fulfilled possibilities, fully expressed ideas, more money, more confidence and joy, a greater feeling of purpose, and of course, wealth and prosperity.

Once you embody these 7 Shifts in your life, you too will set yourself up to be swept into the flow where the Flood Gates to Prosperity, Abundance, Freedom, and Impact in Your Life will open.

This companion guide will help you make the most of this training, and will set you up to win when it comes to your wealth.

So grab a pen or pencil and a cup of coffee, tea, or wine and let’s get started!

Inner Shift #1: You have a RIGHT and a RESPONSIBILITY to be Rich

Notes:

Journal Prompt: What impact do YOU want to make in the world? How would being rich help you make the impact you want to make?

Write your responses here:

Inner Shift #2: You can't live your fullest and best life without money

Notes:

Journal Prompt: Who would you be if you didn't have to worry about money and had enough money to do everything you wanted to do?

Write your responses here:

Inner Shift #3: View your money as limit-less rather than limit-ed

Notes:

Journal Prompt: Go look inside your wallet. Log into your bank account and view the balance. How does it make you feel when you think about your money?

Write your responses here:

Inner Shift #4: Money is created from the inside out not from the outside in

Notes:

Journal Prompt: What would it look like for you to be in a high wealth frequency? What would it feel like?

Write your responses here:

Inner Shift #5: Discover your true source of wealth

Notes:

Journal Prompt: Who and/or what do you need to let go of as being your source of wealth? What are all the possible channels of wealth available to you right now?

Write your responses here:

Inner Shift #6: Your Net-Worth equals your Self-Worth

Notes:

Journal Prompt: What would I have to believe about myself to have the current level of money I have?

Write your responses here:

Inner Shift #7: Transform “Getting” energy into a balance between Giving and Receiving

Notes:

**Journal Prompt: Where are you withholding giving to others?
Giving to self?**

Write your responses here:

Your Next Steps:

So the question that may be coming up for you now may be how do you embody these shifts in your life?

Well, it means changing old habits and creating new ones. And while that is simple to do, it isn't easy. Especially if you're trying to do it on your own.

How many times have you declared that you were going to start a positive new habit, like get on an exercise kick or start eating healthier, and you find that you do it for a while, but then a little time goes by and all the new positive habits fall by the wayside and you're right back where you started?

This is not what you want to have happen when it comes to your money!

Remember, if you are listening to this training, YOU are MEANT to be RICH! When is it going to be the time that you LIVE like the wealthy woman or man that you are?!

To help you successfully implement the habits and beliefs that wealthy women and men like you embody, I have a special invitation for you.

Introducing...



The Golden Table Mentorship is a 6- or 12-month VIP program that will support you to create financial freedom and greater impact from the inside out so you can live the life you're meant to live (or the life you desire). It'll help you to Master your inner wealth game so you can have the outer life of your dreams.

When you take a seat at the Golden Table, you'll literally be swept into a high vibrational current where you'll create wealth in every part of your life – health, relationships, family, business/career, spirituality, and of course when it comes to your money.

In this private VIP coaching program I will be right by your side, virtually speaking, guiding you to make the decisions and choices that will lead you on the path to abundant financial flow for all those things you desire in your life...and giving you the accountability, momentum, and high vibe you need to create abundant financial flow now.

I have a natural ability to help my clients generate wealth, and when you couple that with my signature Golden Table system/recipe you'll be swept onto success! It's like getting lifted up into a vortex of abundance and wealth and literally seeing your

world and life in a whole new way...and it's so much fun to create together in this way!

The best investment you can make is an investment in your inner wealth, as it touches all the most important areas in your life and pays rich dividends now and in the future.

And I want to help you experience this.

There are a lot of people out there teaching how to invest in opportunities to create money but not how to get in alignment to receive it and *hold* it.

Real inner wealth is: Being able to create money for anything you want in life. How confident would you feel knowing you were in alignment from the inside out when it comes to wealth?

*If you don't have inner wealth,
you can't sustain outer wealth.*

Sustainable riches come from the inside out, not the other way around.

If you are interested in putting in creating the shifts that will attract avalanches of abundance into your life, I'd love to connect with you so we can determine together if my Golden Table Mentorship is the right next step for you. The best way for me to support you in gaining this clarity is through a complimentary Money Freedom Clarity Session. You can apply for a Money Freedom Clarity Session here: <http://ishinekids.com/moneyclarity>

“I am achieving my end result of abundance, and NEVER dreamed it would come about the way it is!”

“I realized that in working with Jill, my life went up to a whole new frequency. I am achieving my end result of abundance, and NEVER dreamed it would come about the way it is!! After a stellar month, I am eager to continue working with Jill to learn how to live like this on a daily basis, replace old thought patterns and soar (so it wasn't just a great month, but becomes a lifestyle).

I am so grateful to Jill for starting me on a path that is actually delivering results (because, let's face it, I watched the Secret). What makes her so effective? She listens deeply to understand, and therefore provides relevant guidance. She also has tremendous wisdom, vulnerability and humor. If you are ready to do the work, she is a powerful catalyst and guide.”

~ Stephanie Y.

I hope the 7 Shifts training has been helpful to you, and that you took away some solid insight that you will put to use, create a healthy foundation for inner wealth, and live the fullest and best life that you came here for.

You deserve it.

In wealth,

A handwritten signature in black ink that reads "Jill". The signature is written in a cursive, flowing style.

Connect with Jill:

[Subscribe to my Inner Wealth channel on youtube and receive weekly videos](#)

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About Jill

Jill Hope is recovering check-all-the-boxes kind of girl, who only found true personal and business success once she tapped into her spirit and started listening to (and following) that still small voice inside. As a result, she discovered a natural gift (and pure joy) for helping her clients to become authentically wealthy. Now, she's expanding her talents to help more and more people who desire riches to breakthrough their perceived financial glass ceiling and step into the prosperous, purposeful, and passionate



life of their dreams. Jill also runs a successful business called I Shine, where she offers home study program and coaching for parents, and certification programs for those who want to work with kids, to help kids have healthy inner confidence and social/emotional intelligence.

Questions? Reach out to us at info@ishinekids.com